

ME-DIAN CREDIT UNION

2026 ANNUAL GENERAL MEETING

ELECTION OF DIRECTORS & SLATE OF NOMINEES

Currently six (6) vacancies to be filled as follows:

3-year term – Reserved for Northern Director position as per our By-Laws

3-year term

3-year term

2-year term

1-year term

1-year term

Shorter terms reflect the remaining portions of previously vacated positions

Vacancies will be filled based on total votes received, with candidates receiving the highest number of votes assigned to the longest available terms.

SHEILA NORTH (SEEKING RE-ELECTION)

TO BE ACCLIMATED TO THE 3-YEAR NORTHERN SEAT

Sheila North, Chief and proud member of Bunibonibee Cree Nation, is a leader, journalist, storyteller, and advocate for Indigenous voices. She served as Grand Chief of Manitoba Keewatinowi Okimakanak (MKO) from 2015 to 2018, while fulfilling her lifelong goal of working in media as a journalist and news anchor for over 15 years.

Currently, Sheila is the Indigenous and Community Relations Advisor to the Arctic Gateway Group and the first External Indigenous Advisor to the Winnipeg Police Service. She previously served as Executive Director of External Indigenous Relations & Special Initiatives at the University of Winnipeg and as Director of Missing Children, Residential Schools, and Engagements for the International Commission on Missing Persons (ICMP) in Canada, where she worked on strategies addressing missing children from former Residential School sites. Her career also includes roles as anchor and journalist with CBC Manitoba, Director of Strategic Partnerships at Legacy Bowes, and political commentator for CTV.

Before her election as MKO Grand Chief, Sheila worked with CBC Manitoba from 2005 to 2012, and earlier in her career as an entrepreneur, Cree translator, economic development officer, radio personality, Chief Communication Officer at the Assembly of Manitoba Chiefs, and journalist with CTV Winnipeg News.

Sheila is deeply committed to raising awareness about Missing and Murdered Indigenous Women (MMIW). She is the original creator of the widely recognized hashtag #MMIW, and continues to work with families, communities, and leaders to address the ongoing crisis of violence against Indigenous women. She co-produced the documentary 1200+ with Leonard Yakir, which exposes systemic issues placing Indigenous women and girls at risk of violence and exploitation. With support from the Canadian Women's Foundation, she also developed an educational curriculum to accompany the film. In 2021, she published her memoir, *My Privilege, My Responsibility*.

Grounded in her culture and community, Sheila comes from large and proud families. She is a mother of two and a Kookom to one grandchild.

GRACE MCDUGALL (SEEKING RE-ELECTION)

A proud member of Garden Hill Anisiniwew Nation. With a career background in nursing for 30 plus years, Grace has worked well with people with various backgrounds. Her current place of employment is with Four Arrows Regional Health Authority for the last 25 years as a director and supervisor. She also sits on various committees with Indigenous Health Services (ISC) Manitoba Region and other First Nations, and is also a Certified First Nations Health Manager (CFNHM).

Grace's describes her time with Me-Dian CU Director since 2020 as a very good learning experience. Learning from scratch as she had no prior experience working with a financial institution. The courses that were provided to learn more have been completed as required. As a long time Me-Dian CU member, it is an eye-opening experience to know what goes on in the background. As a board member, she currently sits on the Audit, Governance and Human Resources committees.

LAURIE WOOD DUCHARME (SEEKING RE-ELECTION)

Laurie Wood Ducharme is a proven leader with over 25 years of experience in governance, operations, and community-focused service. She has been a Certified First Nations Health Manager since 2019. For the past four years, she has proudly served on the Board of Directors for Median Credit Union, contributing to sound decision-making, accountability, and long-term strategic planning.

Throughout her career, Laurie has held senior leadership roles in First Nations health, where she continues to work toward improving health conditions in Island Lake communities. She is committed to finding new and innovative ways to strengthen services and outcomes, ensuring that community needs remain at the center of her work.

Laurie's ongoing learning focuses on outcome-based financing and the role foundations can play in supporting First Nations communities and strengthening their ability to advance greater self-determination in health system design and delivery. She has strong experience navigating both federal and provincial government systems and understands how to work within complex structures while advocating for practical, community-driven solutions. While she does not consider politics her strongest area, she makes every effort to understand the evolving landscape of policies and processes in order to better serve the organizations and people she represents.

As a Board member, Laurie brings a steady, informed voice and a deep understanding of the importance of trust, financial responsibility, and community impact. She believes that a strong credit union is built on integrity, good governance, and putting members first. She is also a long-standing member of the credit union, for close to 40 years.

Seeking re-election, Laurie is committed to continuing this work—supporting the growth and stability of Median Credit Union. Her leadership is grounded in experience, guided by accountability, and focused on a strong future.

JARED KOZAK (SEEKING ELECTION)

I believe my experience as a founder, technology leader, military member, and board member gives me a perspective that can meaningfully contribute to Me-Dian as it enters its next 50 years.

I started my first company, DueNorth Systems, right out of high school — building software that grew into a full ERP platform for underserved business verticals. While studying Management Information Systems at the Asper School of Business, I also served as a Marine Technician in the Canadian Armed Forces at HMCS Chippawa, where I built cybersecurity courseware tooling and operated marine diesel engines on coastal defense vessels. That combination of entrepreneurship, formal education, and military service shaped how I approach problems: with discipline, resourcefulness, and a bias toward action.

In 2021, I founded Move Right — a technology platform for the moving and logistics industry — and built it from concept to a national product. In November 2025, Move Right was acquired by Mobio Brands (TSX.V), where I now serve as Director of Technology while continuing as CTO of Move Right. A significant part of my work has been building and deploying AI-powered tools directly into our platform — securely and responsibly. I understand what it means to handle sensitive customer data, navigate cybersecurity risks, and implement technology that people actually trust. These are the same challenges financial institutions face.

I bring governance experience directly relevant to the credit union model. I currently serve on the Board of Directors of Peg City Car Co-op — a cooperative, which has given me a genuine appreciation for member-owned governance. For the past five years, I have served as Treasurer on my condominium board, managing budgets, reserve funds, and financial compliance. In my current role, I work directly with the boards of Move Right and Mobio Brands to translate technology decisions into board-level strategy. I know what it takes to contribute productively in a boardroom.

Community involvement has been a constant in my life. From volunteering with Peg City Car Co-op and FlintHub to serving in the Canadian Armed Forces and leadership roles in student organizations, I've consistently looked for ways to give back. I was honoured to receive the Manitoba Aboriginal Youth Achievement Award in Entrepreneurship — recognition that motivates me to keep building for my community.

Me-Dian's mission of providing financial services for First Nations, Métis, and Inuit Peoples resonates with me as a proud Métis member. I would be honoured to bring my skills and experience to a board that is doing important work for its community.

YVAN GUY LAROCQUE (SEEKING ELECTION)

As a Founding Partner of Hall & Larocque LLP, I have spent my career advancing economic sovereignty, governance, and sustainable development for Indigenous peoples across Canada.

As Canada's first Indigenous full-service financial institution, Me-Dian's vision deeply resonates with my professional values and lived commitment. I believe Me-Dian exemplifies member-owned cooperative principles while delivering accessible, culturally relevant financial services to Indigenous members. I am inspired by your focus on financial inclusion, community empowerment, and upholding the values of the diverse Indigenous peoples you serve.

My professional experience has equipped me with strong strategic oversight, risk management, financial governance, and collaborative leadership skills. I believe these skills would enable me to contribute meaningfully to Me-Dian's board in helping to guide its continued growth, stability, and impact. I am eager to bring my expertise in Indigenous economic empowerment to support Me-Dian's mission of building stronger, self-reliant communities through innovative and member-focused financial services.

DAN RICHARD (SEEKING ELECTION)

As a member who values the cooperative principles and community-focused mission of the credit union, I would welcome the opportunity to contribute to the organization's continued success and long-term sustainability.

I believe I can bring a thoughtful, collaborative, and strategic perspective to the Board. Through my professional and community experience, I have developed skills in leadership, financial awareness, problem solving, and governance. I understand the importance of responsible oversight, sound decision-making, and maintaining a strong balance between financial performance and member service. I am committed to contributing to discussions that support prudent risk management, strategic growth, and the ongoing strength of the credit union.

My interest in serving on the Board comes from a genuine appreciation for the role credit unions play in supporting their members and strengthening communities. Credit unions are uniquely positioned to provide ethical, member-focused financial services while reinvesting in the communities they serve. Being part of a board that helps guide these efforts would be both a privilege and a meaningful way for me to give back.

If selected, I would approach the role with integrity, diligence, and a commitment to collaboration with fellow board members and management. I am eager to learn, contribute, and support the credit union's mission while ensuring that members' interests remain at the center of all decisions.